



THE HOT BUFFET

Scrambled Eggs (4.1 3) 

Grilled Bacon

Traditional Irish Pork Sausages (2.1 3.1 4) (barley)

Black & White Puddings (2.1 3) (barley)

Hash Browns (1 3) 

Sautéed Mushroom (7.1 3) 

Grilled Tomato  

Baked Beans (1 4)  

Creamy Oatmeal Porridge (2.7) (wheat) 

FROM THE KITCHEN

Choice of Fried or Poached Eggs (4.1 3) 

Freshly Brewed Coffee or Tea

Selection of Herbal Teas



THE COLD BUFFET

Orange juice (14)

Apple juice (14)

Selection of Cereals & Healthy Toppings 

Fresh Fruit Basket  

Natural Yogurt (7.13.14)  



White & Brown Bread (2) (wheat)  

Croissant (2.4.7) (wheat flour) 

Mini Muffins (2.4.7.13) (wheat) 

Fruit Salad (14)  

Food Allergens

1. Celery 2. Cereals containing gluten 3. Crustaceans 4. Eggs 5. Fish 6. Lupin 7. Milk
8. Molluscs 9. Mustard 10. Nut 11. Peanuts. 12. Sesame Seed 13. Soya 14. Sulphur
Dioxide & Sulphites  



BREAKFAST OPTION FOR COELIAC

Tomato  

Bacon

Baked Bean  

Egg (poached, boiled, scrambled) 

Mushroom 

Hash Brown (oven baked) 

Organic Porridge 

Gluten Free Bread 

Gluten Free Croissant 

Gluten Free Cereals 

Gluten Free Danish 

Juice

Slices Ham

Slices Cheese 

Fruit Salad  

Fresh Fruit  

Plain Yoghurt  

Fruit Yoghurt  



Please ensure inform your server of any allergies

