

Bar Favorites Mains

Grilled Chicken Burger	€16.95
Served on flatbread with chips topped with lemon & pickle mayo stacked with seasonal leaves, crispy bacon, tomato & caramelized red onion (2.4.7.9.13) (wheat flour)	
Line Out Beef Burger	€16.95
Served on a floured bap with chips topped with tomato, crispy onion rings, bacon, duo of Swiss & Cheddar cheese, caramelized red onion & tomato relish (2.7.13) (wheat flour, rye, barley)	
Chicken Wings - Hot and Spicy <u>or</u> Teriyaki Sauce	€16.95
Large helping of chicken wings coated with Teriyaki sauce & spring onion OR Frank's hot sauce served with celery & blue cheese (1.2.4.7.9.13) (semolina)	
Roasted Cauliflower, Spicy Chickpea & Tahini Lemon Dressing (V)	€15.95
Seasonal leaves, roasted almonds & macadamia, cherry tomatoes, bell peppers, spicy chickpeas, roasted cauliflower, stuffed olives and beetroot with Tahini dressing (1.2.7.9.12.13) (almond, macadamia) (semolina) (Add Chicken or Tiger Prawns for €3.95) (prawn: 3)	
Caramelized Goat's Cheese Salad	€16.95
Caramelized goat's cheese with rocket leaves, cherry tomato, roasted beetroot, cucumber ribbons, sunflower, pumpkin seeds, pine nuts with a sweet balsamic yoghurt (7.10.13) (pine nut) (Add Chicken or Tiger Prawns for €3.95) (prawn: 3)	
Pesto Chicken Caesar on Flatbread	€16.95
Cos leaves coated in creamy pesto Caesar dressing, crispy smoked bacon, pesto chicken, topped with fresh parmesan served on garlic flatbread (2.4.5.7.9.10.13) (cashew nut) (semolina)	
Vegan Fusilli Pasta (V)	€16.95
Butternut squash, green peas, cherry tomatoes, sweet peppers and fresh herbs tossed in rocket pesto finished with pine nuts cheese (1.2.4.7.13) (semolina)	
Tagliatelle with Coconut Satay Cream	€16.95
Tagliatelle pasta, butternut squash, fresh herbs, cherry tomatoes, coconut Satay cream, sugar snap peas & fresh parmesan (1.10.11) (pine nut)	
Bacon, Black Pudding & Porter Cheddar Pizza	€15.95
Crispy bacon, black pudding, porter cheddar cheese & Ballymaloe tomato relish (2.7.9.13.14) (semolina, durum)	
Smoked Salmon pizza	€19.95
Garlic crispy base finished with cream cheese, smoke salmon, capers, sweet onion & rocket (2.5.7.13) (durum, semolina)	
Goat's Cheese & broccoli pizza	€16.95
Crispy base rich tomato sauce, goat's cheese, caramelized onion & broccoli (2.7.13) (durum, semolina)	

Food Allergens

1. Celery 2. Cereals containing gluten 3. Crustaceans 4. Eggs 5. Fish 6. Lupin 7. Milk 8. Molluscs 9. Mustard
10. Nut 11. Peanuts. 12. Sesame Seed 13. Soya 14. Sulphur Dioxide & Sulphites

All our fresh meat is of 100% traceable Irish origin

To Start

Soup of the Day

€6.95

Served with rustic bread (1.7.13)

Luxury Seafood Chowder

€10.95

Squid, mussels, prawns, salmon & white fish finished with green oil & rustic bread (1.3.5.7.8.13.14)

Chorizo & Cheese Bake

€10.95

Porter cheddar, Swiss & Provolone cheese, Chorizo & tomato marmalade served with warm bread (7.13.14)

Blue Poppy Seed Coated Brie

€10.95

Tipperary brie cheese coated with blue poppy seeds with cranberry marmalade, sweet peppers and pumpkin seeds (2.4.7.13) (wheat flour)

Apricot Cous Cous & Tiger Prawn Salad

€10.95

Pan fried tiger prawns on a cous cous salad with mango & lime dressing (1.2.3.10.13) (pine nut)

Mains

10oz Sirloin Steak

€8 Supplement Early Bird Menu

€28.95

Cooked to your liking, served with potato fries and tomato rocket salad, with Our garlic thyme sauce OR warm garlic & herb butter (7.10.13) (cashew nut)

Irish 8oz Beef Fillet

€8 Supplement Early Bird Menu

€32.95

Cooked to your liking, served on a bed of creamed cauliflower mashed potato, baby broccolini with Our garlic thyme sauce OR warm garlic & herb butter (1.7.13.14)

(Add Tiger Prawns for €3.95) (prawn: 3)

Oven Baked Hake & Chorizo

€22.95

Fillet of hake baked in a chickpea chorizo tomato casserole finished with green pesto (5.7.10.13) (cashew nut)

Orange & Turmeric Lamb Chops

€5 Supplement Early Bird Menu

€23.95

Marinated Lamb chops in orange & turmeric, on a sundried tomato crushed potato, steamed broccolini coated in fresh macadamia pesto (7.10.13) (cashew nut, macadamia)

Wild Mushroom & Leek Risotto (V)

€20.95

Garnished with roasted almonds and truffle oil (1.7.10.13)

(Add Chicken or Tiger Prawns for €3.95) (prawn: 3)

Grilled Satay Chicken

€20.95

Grilled strips of chicken on egg noodles, scallions, rocket, coriander sweet onions, peppers coated in a Satay curry & coconut sauce with roasted cashew nuts (2.4.11.13) (peanut, cashew nut) (wheat flour)

Extras & Sides

€3.95

Mixed Vegetables

Parmesan & Crispy Bacon Chips (€4.50)

Buttered Baby Potatoes

Garlic Bread

Onion Rings

Mixed Leaf Salad with House Dressing

Creamy Mashed Potato