

Soup of the Day	€6.95
Grilled Chicken Burger Served on flatbread, topped with lemon & pickle mayo & stacked with seasonal leaves, crispy bacon, and tomato & caramelized red onion (2.4.7.9.10.12.13)	€14.95
Tandoori Chicken BLT Wrap With seasonal leaves, crispy bacon, tomato and grilled chicken (2.4.7.9.10.12.13)	€13.95
Apricot Cous Cous, Feta & Olive Wrap Feta cheese, Italian olives, rocket leaves, cherry tomatoes, sweet onion and cous cous with apricot, nuts and mint (1.2.7.10.12.13)	€13.95
Irish Beef Burger Served on a toasted seeded bap with crisp leaves, tomato, Ballymaloe tomato relish, caramelized sweet onion and Irish porter cheddar cheese (1.2.4.7.9.10.12.13)	€14.95
Toasted Ham & Cheese Wrap Sliced Limerick ham, cheddar cheese, tomato and onion (2.4.7.9.10.12.13)	€12.95
All the above are served with a choice of Soup, Salad or Fries	
Hot & Spicy Chicken Wings Large helping of chicken wings coated with Frank's hot sauce, served with celery, blue cheese sauce and fries (1.2.4.9.13)	€14.95
Baked Goat's Cheese, Fig & Prosciutto Goat's cheese and walnut crumble and fig puree on sourdough flatbread, finished with rocket leaves, cherry tomatoes and Prosciutto (2.4.7.9.10.12.13)	€14.95
Mushroom & Garden Pea Pasta Creamy wild mushroom sauce, garden & sugar snap peas topped with parmesan cheese (1.2.4.7.13)	€14.95
Smoked Salmon Pizza Crispy garlic base finished with cream cheese, smoked salmon, capers, sweet onion and rocket leaves (1.2.4.7.10.12.13)	€18.95
Crispy Southern Fried Hake Crispy Hake served with fresh lemon, tartar sauce and fries (2.4.5.13)	€15.95
Pesto Chicken Caesar Flatbread Cos leaves coated in creamy pesto Caesar dressing, crispy smoked bacon, pesto chicken topped with fresh parmesan, served on garlic flatbread (2.4.7.10.12.13)	€15.95
Roasted Cauliflower, Spicy Chickpea & Tahini Dressing (V)(GF) Seasonal leaves, roasted almonds and macadamia nuts, cherry tomato, belle peppers, spicy chickpeas, roasted cauliflower, Feta cheese and beetroot with Tahini dressing (Add Chicken or Tiger Prawns for €3.50) (1.2.7.10.11.12.13)	€14.95
Caramelized Goat's Cheese Salad Caramelized goat's cheese with rocket leaves, cherry tomato, roasted beetroot, cucumber ribbons, sunflower & pumpkin seeds, pine nuts with sweet balsamic yoghurt (2.4.7.10.13)	€14.95