

THE
SANDYMOUNT
EST. HOTEL 1955

Hot Buffet

Scrambled Eggs (4, 13, 14)

Grilled Bacon

Traditional Irish Pork Sausages (2 Barley, 13, 14)

Black Pudding (2 Wheat & Oatmeal, 13)

White Pudding (2 Wheat, Oatmeal & Barley, 13, 14)

Hash Browns (13)

Sautéed Mushrooms (7, 13)

Grilled Tomato

Baked Beans

Creamy Oatmeal Porridge (2 Wheat, 7)

From The Kitchen

Choice of Fried or Poached Eggs (4, 13)

Omelette for €5

Freshly Brewed Tea or Coffee

Selection of Herbal Teas



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Cold Buffet

Selection of Juices

Orange Juice / Apple Juice (14)

Selection of Cereals & Healthy Toppings (V)

Fresh Fruit Basket (V, VG)

Natural Yoghurt (7, 13, 14) (V, VG)

White & Brown Bread (2 Wheat) (V, VG)

Croissant (2 Wheat Flour, 4, 7) (V)

Mini Muffins (2 Wheat, 4, 7, 13) (V)

Fruit Salad (14) (V, VG)

Gluten Free Bread, Pastries & Muffins
available from the Kitchen

Food Allergens

1. Celery | 2. Gluten | 3. Crustaceans | 4. Eggs | 5. Fish | 6. Lupin
7. Milk | 8. Mollusc | 9. Mustard | 10. Nuts | 11. Peanuts
12. Sesame Seed | 13. Soya | 14. Sulphur Dioxide & Sulphite