

THE
SANDYMOUNT
EST. HOTEL 1955

Appetizers & Sharing Plates

Soup of the Day Served with Rustic Bread (1, 2 Wheat Flour, 7, 13)	€8.95
Crispy Tapioca & Mango Vegan Salad Crispy Tapioca Bits Rocket Leaves, Sundried Tomato, Red Onion, Cashew Nuts, Pickled Mango & Creamy Sweet Chilli dressing (6, 9, 10 cashew nuts, 12, 13, 14) Add Chicken €4.95 Or Tiger Prawns €4.95	€15.95
Honey & Thyme Goat's Cheese Honey & Thyme Goat's Cheese in Choux Pastry, Walnuts, Fresh Fig & Wasabi Caviar (2 Wheat Flour, 4, 7, 9, 10 Walnut, 13, 14)	€15.95
Irish Oak Smoked Salmon Irish Oak Smoked Salmon Set on a Crispy Caper and Dill Potato Cake with Creamy Avocado Dressing (1, 2 Wheat Flour, 9, 12, 13, 14)	€17.95
Whitty's Caesar Salad Baby Gem Leaves, Crispy Bacon and Herb Croutons, coated with Creamy Caesar Dressing, finished with Parmesan Cheese, Pine Nuts (2 Wheat Flour, 4, 5, 7, 9, 10 Pine Nut, 13, 14) Add Chicken €4.95 Or Tiger Prawns €4.95	€15.95
Chicken Wings Chicken Wings coated with Hot Sauce, served with Celery & Garlic Mayo Dip (1, 2 Wheat Flour, 4, 7, 9, 13, 14)	Small €16.95 Large €21.95
Garlic & Chilli Tiger Prawns Prawns and Cherry Tomato, coated with Tomato, Chilli & Garlic Pesto, served with Toasted Bread (1, 2 Wheat Flour, 3, 13, 14)	Small €17.95 Large €29.95
Antipasto Plate (To Share) Mixed Italian Olives, Salami, Sliced Chorizo, Marinated Walnuts, Soft Round Wheel of Tipperary Brie Cheese, Pickles, Sundried Tomato, Chilli infused Honey, Avocado Dip, Pesto Sourdough & Onion Bread (1, 2 Wheat Flour, 4, 7, 9, 10 Walnuts, 12, 13, 14)	€34.95

Pizzas

Pepperoni & Pizza (12-Inch) Fresh Italian Pizza Base Topped with Rich Tomato Sauce, Pepperoni Mozzarella Cheese, finished with Micro Green (1, 2 Wheat Flour, Semolina & Durum, 7, 9, 13, 14)	€22.95
Nduja & Salami Hot Honey Pizza (12-Inch) Fresh Italian Pizza Base Topped with Rich Tomato Sauce, Nduja Sausage Meat, Salami, Red Onion finished with Chilli infused Honey, Micro Green & Parmesan (1, 2 Wheat Flour, Semolina & Durum, 7, 9, 13, 14)	€23.95
Vegan Mozzarella Pizza (12-Inch) Fresh Italian Vegan Pizza Base Topped with Rich Tomato Sauce, Vegan Mozzarella & Sundried Tomatoes finished with Rocket Leaves Dressed in Lemon Oil (2 Wheat Flour, Semolina & Durum, 9, 10 Walnut, 13, 14)	€23.95

Food Allergens

1. Celery | 2. Gluten | 3. Crustaceans | 4. Eggs | 5. Fish | 6. Lupin | 7. Milk | 8. Mollusc | 9. Mustard | 10. Nut
11. Peanuts. | 12. Sesame Seed | 13. Soya | 14. Sulphur Dioxide & Sulphite

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Main Courses

Poached Atlantic Cod	€30.95
Poached Atlantic Cod served on roasted Spicy Chickpea with Sweet Onion, Roasted Pepper, Coriander Creamy Safron Dressing & Cauliflower Florets (4, 5, 7, 9, 13, 14)	
Pan Seared Sea Bass	€30.95
Pan-Seared Sea Bass fillets with Rocket Leaves, Pickled Mango, Warm Green Beans & Baby Potato, coated in Capers & Lemon Dressing (1, 5, 7, 9, 13, 14)	
10oz Irish Sirloins Steak	€41.95
Irish Centre cut Sirloins, cooked to your Liking, served with Fries or Creamy Mash, Buttered Green Beans and Tender Stem Broccoli. Choose from Peppercorn Sauce or Warm Garlic & Herb Butter (1, 7, 13, 14)	
Add Tiger Prawns For €4.95	
Parmesan & Pistachio Crust Chicken	€26.95
Grilled Butterflied Fillet of Chicken Topped with a Parmesan and Pistachio Crust, Served on a Crushed Baby Potato Sundried Tomato & Sweet Onion with Tender Stem Broccoli, & Drizzled Basil Pesto (1, 2 Wheat Flour, 7, 9, 10 Pistachio, 13, 14)	
Confit Duck Legs	€31.95
Confit Duck Legs coated in an Orange Glaze set on Butter Mash Potato, Salted Broccoli served with a Red Wine Jus (1, 7, 9, 13, 14)	
Chicken & Chorizo Pasta	€25.95
Sautéed Mushrooms, Chorizo, diced Chicken in a White Wine Cream Sauce, finished with Fresh Parmesan (1, 2 Semolina, Durum, Wheat Flour, 7, 9, 13, 14)	
Whitty's Grilled Chicken & Avocado Burger	€21.95
Grilled Chicken fillet, served on a Toasted Bap with Spicy Mayo, Crispy Leaves, Tomato and Red Onion Topped with Crispy Bacon & Creamy Avocado served with Fries (1, 2 Wheat Flour, Rye & Barley, 4, 7, 9, 13, 14)	
Whitty's 9oz Fresh Irish Beef Burger	€21.95
Topped with Crispy Bacon and a duo of Cheddar Cheese, served on a Toasted Bap with Crispy Leaves, Tomato, Red Onion, Burger Mayo, served with Fries (2 Wheat Flour, Rye & Barley, 4, 7, 9, 13, 14)	
Fish & Chips	€22.95
Fillet of Hake, coated in a Light Golden Batter, served with Fries, Tartar Dip & Freshly Squeezed Lemon Juice (2 Wheat Flour, 4, 5, 7, 9, 13, 14)	
Creamy, Aromatic Vegan Curry (V)	€22.95
Coconut Cream, Stir Fry Vegetables, Baby Potato, Coriander & Roasted Chickpeas, water chestnut finished with Roasted Cashew Nut, Poppadoms & Aromatic Rice (1, 10 Cashew Nuts, 13, 14)	
Add Chicken €4.95 Or Tiger Prawns €4.95	

Sides

House Salad Served with Lemon Dressing (1, 9, 13, 14)	€5.50
Baby Broccoli & Green Beans coated in Garlic Butter & Roasted Almonds (7, 10 Almond 13, 14)	€6.50
Creamy Mash (7, 14)	€4.00
Fries with Peppercorn Sauce (1, 13, 14)	€5.50
Boiled Rice (1, 13, 14)	€3.50