

THE
SANDYMOUNT
EST. HOTEL 1955

Appetizers & Sharing Plates

Soup of the Day	€8.95
Served with Rustic Bread (1, 2 Wheat Flour, 7, 13)	
Warm Butternut Squash Salad with Sweet Satay & Medjool Dates (V)	€15.95
Roasted Butternut Squash, Baby Corn with Red Onion, Cucumber, Cashew Nuts, Baby Gem, Dates, Creamy Sweet Chilli & Satay Dressing (6, 9, 10 Cashew Nuts, 11 Pine Nut, 12, 13, 14) Add Chicken €4.95 Or Tiger Prawns €4.95	
Irish Oak Smoked Salmon Carpaccio	€17.95
Smoked Salmon Dressed with Lemon Oil, Champagne Vinegar, Cracked Pepper, Capers, Radish, Shaved Parmesan, Horseradish Dressing and Arugula (1, 2 Wheat Flour & Durum, 5, 7, 9, 12, 13, 14)	
Maple Glazed Pork Belly	€16.95
Crispy Pork Belly Pineapple, Yuzu, Cardamom Puree, Saffron Emulsion Pickled Cucumber & Micro Greens (1, 4, 7, 9, 13, 14)	
Chicken Wings	Small €16.95 Large €21.95
Chicken Wings coated with Hot Sauce, served with Celery & Garlic Mayo Dip (1, 2 Wheat Flour, 4, 7, 9, 13, 14)	
Creamy Chorizo & Garlic Prawns	Small €17.95 Large €29.95
Prawns coated with a Sundried Tomato Pesto, Garlic, Spinach, Aromatic Cream served with Toasted Bread (1, 2 Wheat Flour, 3, 7, 13, 14)	
Toulouse Sausage with Spicy Marmalade & Brandy Glaze	Small €15.95 Large €21.95
Sliced Toulouse Sausage, Red Onion coated with a Marmalade & Brandy Glaze served with Warm Onion Bread (1, 2 Wheat Flour, 4, 7, 9, 13, 14)	
Whitty's Caesar Salad	€15.95
Baby Gem Leaves, Crispy Bacon and Herb Croutons, coated with Creamy Caesar Dressing, finished with Parmesan Cheese, Pine Nuts (2 Wheat Flour, 4, 5, 7, 9, 10 Pine Nut, 13, 14) Add Chicken €4.95 Or Tiger Prawns €4.95	

Pizzas

Pepperoni & Nduja Pizza (12-Inch)	€23.95
Fresh Italian Pizza Base Topped with Rich Tomato Sauce, Pepperoni & Nduja Sausage Mozzarella Cheese, finished with Chilli infused Honey (1, 2 Wheat Flour, Semolina & Durum, 7, 9, 13, 14)	
Pesto Chicken Pizza (12-Inch)	€23.95
Fresh Italian Pizza Base Topped with Rich Tomato Sauce, Chicken, Sun-dried Tomatoes, Mozzarella, Red Onion finished with Pesto Rocket & Parmesan (1, 2 Wheat Flour, Semolina & Durum, 7, 9, 13, 14)	
Vegan Sausage Pizza (12-Inch)	€23.95
Fresh Italian Vegan Pizza Base Topped with Rich Tomato Sauce, Plant Mozzarella, Red Onion & Vegan Sausage finished with BBQ Dressing & Micro Green (2 Wheat Flour, Semolina & Durum, 9, 13, 14)	

Food Allergens

1. Celery | 2. Gluten | 3. Crustaceans | 4. Eggs | 5. Fish | 6. Lupin | 7. Milk | 8. Mollusc | 9. Mustard | 10. Nut
11. Peanuts. | 12. Sesame Seed | 13. Soya | 14. Sulphur Dioxide & Sulphite

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Main Courses

Miso Sake Marinade Cod	€30.95
Baked Sake Miso Marinade Atlantic Cod served on Black Rice, Baby Corn & Grilled Courgette served with a Warm Soy, Chilli, Garlic & Ginger Dressing (2 Wheat Flour, Rye & Barley 5, 7, 9, 13, 14)	
Pan-Seared Tuscan Salmon	€30.95
Cooked in a Sun-dried Tomato & White Wine Cream Sauce with Wilted Spinach, Garlic Confit & a Touch of Parmesan finished with Caper & Lemon Oil served with a Side of Creamy Mash (1, 5, 7, 9, 13, 14)	
10oz Irish Sirloins Steak	€41.95
Irish Centre cut Sirloins, Cooked to Your Liking, served with Fries or Creamy Mash, Baby Courgettes and Sweet Baby Carrots. Choose From Peppercorn Sauce or Warm Garlic & Herb Butter (1, 7, 13, 14) Add Tiger Prawns For €4.95	
Baked Chicken, Pecan & Goat's Cheese	€27.95
Grilled Butterflied Fillet of Chicken Topped with a Baked Maple, Pecan & Goat's Cheese Medallion, Served on a Creamy Mash, Baby Carrots, & Thyme Cream (1, 7, 9, 10 Pecans, 13, 14)	
Creamy Tarragon-Chorizo & Squash Pasta	€25.95
Sautéed Chorizo, Tarragon, Roasted Winter Squash in a White Wine Cream Sauce, finished with Fresh Parmesan & Chilli Oil (1, 2 Semolina, Durum, Wheat Flour, 7, 9, 13, 14) Add Chicken €4.95 Or Tiger Prawns €4.95	
Fish & Chips	€23.95
Fillet of Hake, coated in a Light Golden Batter, served with Fries, Tartar Dip & Fresh Lemon (2 Wheat Flour, 4, 5, 7, 9, 13, 14)	
Confit Duck Legs	€31.95
Confit Duck Legs coated in a Fig & Honey Glaze Set on Creamy Mash Potato, Buttered Baby Carrots served with a Red Wine Jus (1, 7, 9, 13, 14)	
Whitty's Crispy Chicken Burger	€21.95
Lemon-Pepper Fried Chicken Fillet, served on a Toasted Bap with Garlic Mayo, Crispy Leaves, Tomato and Red Onion served with Fries (1, 2 Wheat Flour, Rye & Barley, 4, 7, 9, 13, 14)	
Whitty's 9oz Fresh Irish Beef Burger	€21.95
Topped with Crispy Bacon, Red Cheddar, served on a Toasted Bap with Crispy Leaves, Tomato, Red Onion, Burger Mayo, served with Fries (2 Wheat Flour, Rye & Barley, 4, 7, 9, 13, 14)	
Creamy, Aromatic Vegan Curry (V)	€23.95
Coconut Cream, Stir Fry Vegetables, Baby Potato, Coriander & Butternut Squash, Finished with Roasted Cashew Nut, Poppadom's & Aromatic Rice (1, 10 Cashew Nuts, 13, 14) Add Chicken €4.95 Or Tiger Prawns €4.95	

Sides

House Salad Served with Lemon Dressing (1, 9, 13, 14)	€5.50
Baby Carrots, Sweetcorn & Courgette coated in Garlic Butter (7, 13, 14)	€6.50
Creamy Mash (7, 14)	€4.00
Fries with Garlic Mayonnaise (1, 4, 7, 13, 14)	€5.50
Boiled Rice OR Black Rice (1, 13, 14)	€3.50